

LEADING EDGE CARE FROM EXPERIENCED AND CARING HANDS:

Female Incontinence | Oncology | Prostate Disorders | Impotence and Penile Implants
Kidney Stones | Laser and Microwave Surgery | Non Scalpel Vasectomy and Microsurgical Reversals

EASY CONVENIENCES:

24-hour emergencies | State-of-the-art facilities | Convenient appointments | Most Insurance plans accepted and filed for you | Major credit cards accepted.

PRE VASECTOMY INSTRUCTIONS

Before having your vasectomy, it will be necessary for you to shave the entire scrotum and base of the penis. You may do this shaving with a safety razor or clippers. Usually one incision is made in the scrotum using local anesthesia. The incision may be closed with absorbable suture which in turn will dissolve by themselves over a period of 1-2 weeks. The procedure itself takes approximately 15 minutes to perform. Please be sure to bring athletic supporter or jockey type underwear to wear home.

POST VASECTOMY INSTRUCTIONS

After your procedure, it is very important that you remain off your feet for a period of 24 hours and engage in no strenuous physical activity for an additional 24 hours. It is alright to get up and use the bathroom and to eat. Apply ice to the scrotum as needed for discomfort. You will be provided with pain medication, if needed. It is very important to refrain from any heavy lifting, straining, sexuality activity, and or vigorous athletic activities for one week. If you have significant pain or swelling, then refrain from that activity until this is completely resolved.

A certain amount of swelling and discomfort is normal. If the swelling should reach of a golf ball, you should call the office immediately. It is not unusual for the areas around the scrotum and penis to turn black and blue. Minimal bleeding at the incision site can be controlled with pressure by placing gauze over the incision site. Mucus and inflammation at the incision site is common; however, if this becomes progressively severe, please call the office.

Showering with soap and water is advisable in the day following your vasectomy and daily thereafter.

Sexual intercourse is not advisable for 7-10m days. It takes at least six weeks or more until your system has completely cleared itself of all sperm. Therefore, it is extremely important that you remember you are not sterile immediately following the vasectomy. Please continue your current birth control method until one semen specimen shows no sperm whatsoever. A container will be provided after the procedure. The specimen may be left at the office during normal business hours, you do not need an appointment, but please call to make sure the doctor will be in to check the specimen. Someone from the office will call you with the results.

If you should have any questions following your procedure, please do not hesitate to contact the office.